



## WHAT SETS US APART

IDTC is dedicated to providing the best possible care for children and adolescents with special needs. Through the development of each individual's social, emotional, behavioral and functional skills we enable them to make better choices, and in turn help them gain greater independence. We are dedicated to providing the necessary supports needed for our clients to be successful and transition to the next stage of their lives.

## CLIENTS BEST SERVED

Individuals who are best served by IDTC are children, adolescents, and young adults with co-existing intellectual/developmental disabilities and emotional disturbances needing a structured treatment environment. IDTC also provides areas of expertise in Autism Spectrum Disorders, low-incidence syndromes, and neurological handicaps.

# IDTC



## TEACHING SKILLS TO LAST A LIFETIME



**I.Q. RANGE:  
80 & BELOW**

(higher I.Q.s considered  
case-by-case)

**AGE RANGE:**

6 to 21 years old

## FUNDING OPTIONS

- Department of Child Services
- Department of Education
- Local School District
- Private Pay

## LICENSES AND CERTIFICATIONS

- Indiana Family and Social Services Administrations
- Freeway Accreditation – State of Indiana Department of Education
  - Illinois State Board of Education
- Minnesota Approved Juvenile Services Provider
  - IV-E Approved



# OVERVIEW OF SERVICES

Our holistic approach in all of our programs incorporates a youth's cognitive, developmental, emotional, academic, and physical needs within their individual treatment.

## **Community Group Home Programs:**

Treatment focuses on teaching youth skills to increase their independence in a community setting to ensure they can be successful in their own community when they transition from services. The focus is on further development of independence and community integration.

## **Open Residential Program:**

Structured treatment environment that supports youth with consistency, stability, and safety while they work with their treatment team on gaining independence and increase self-esteem. This program allows youth the opportunity for community activities and to practice the skills they learn in an environment that encourages independence.

## **Autism Care, & Extensive Supports (ACES):**

Youth with Autism Spectrum Disorders, low-incidence syndromes, genetic disorders, and neurological handicaps are areas of expertise. Youth in the ACES program traditionally are diagnosed with moderate to profound intellectual disabilities and require hand-over-hand care. Youth also have communication and behavioral needs that can be addressed through our treatment program.

## **Secure Residential Program:**

Comprehensive treatment for youth with behaviors that are uncontrollable, unpredictable, or dangerous, needing additional structure and supervision. Youth may be acutely aggressive and/or self-injurious. The focus of this program is to assist youth in transitioning through our continuum of care.

## **Cedar Program:**

The focus of this program is intensive treatment for youth with highly impulsive/dangerous behaviors and/or sexually maladaptive behaviors with step-by-step transition to a less restrictive environment and increased independence. For youth with sexually maladaptive behaviors, this program utilizes Credentialed Sexually Abusive Youth Clinicians (CSAY-C) that guide clients through therapy based on their Estimate of Risk of Adolescent Sexual Offense Recidivism (ERASOR). This is a multi-systemic approach that requires having the family, caregivers and any important people involved in the youth's life motivated to assist the youth to change.

## **Day School Program:**

Our on grounds special education program is accredited as a Freeway School by the State of Indiana Department of Education. This program focuses on academics, life skills instruction, and behavior supports addressing the individual education needs of each student. We incorporate therapeutic and cognitive supports to ensure that our students are successful.

# ADMISSIONS

For more information about IDTC programs or to discuss a referral, please call the Admissions Department toll-free at

**888-638-3558**

Email us at

[admissions@idtc-in.com](mailto:admissions@idtc-in.com)

Visit us online at

[www.idtc-in.com](http://www.idtc-in.com)



## MISSION

Teaching Skills to Last a Lifetime

## OUR VALUES

We are committed to:

A safe, therapeutic environment

Ensuring continuous improvement

Empowering teamwork

Facilitating proactive communication

Upholding professional standards

## HOW WE ACHIEVE OUR MISSION

By ensuring individuals with disabilities have the opportunity to experience meaningful days and a self-defined quality of life through individualized support, self-direction, educational opportunities, positive family traditions and community integration.

## OUR COMMITMENT

IDTC is committed to ensuring that individuals are able to realize their life goals through lifespan services. Our services are designed to focus on the specific hopes, dreams, and needs of each person for whom we work.



TEACHING  
SKILLS TO LAST  
A LIFETIME

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